



उत्कृष्टतां प्रति विकासः

**META 2.0**  
**2024**

*Evolution to Excellence*

**24-27 OCT**

DETAILED  
*Guide*  
FOR THE EVENT

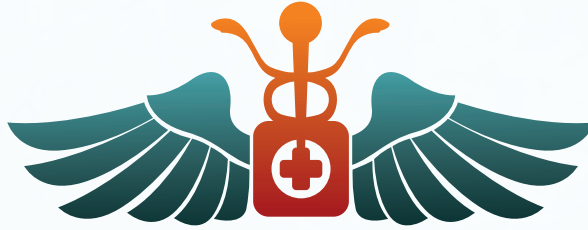




# NARAYAN MEDICAL COLLEGE AND HOSPITAL

JAMUHAR, SASARAM

PRESENTS



उत्कृष्टतां प्रति विकासः

**META 2.0**  
**2024**

*Evolution to Excellence*

24<sup>th</sup> Oct to 27<sup>th</sup> Oct

**FOR MORE INFO VISIT**

<https://nmch-metamorphosis.com>

# Contents

## INDEX ELEMENT



ABOUT NMCH	01
ABOUT GNSU	03
ABOUT METAMORPHOSIS 2.0	04
CHANCELLOR'S MESSAGE	05
SECRETARY'S MESSAGE	06
MD'S MESSAGE	07
VICE-CHANCELLOR'S MESSAGE	08
PRINCIPAL'S MESSAGE	09
DSW'S MESSAGE	10

# Contents

## INDEX ELEMENT



GENERAL REGISTRATION

11

ACCOMMODATION & FOODING

13-14

RULES AND REGULATION

15

CULTURAL EVENTS

- Fashion Show - Glamazone
- Drama/Skit
- Battle of Bands - Melody Medley
- Dance-Solo/Group - Dil Dosti Dance
- Singing-Solo/Group
- Nukkad Natak - आगरा
- Instagram Reel Competition

16-31

SPORTS EVENTS

Outdoor Games

- Basketball, Athletics
- Football, Volleyball
- Cricket, Tug of war
- Handball (only for female)
- Kabaddi (only for female)
- Futsal

32-49

SPORTS EVENTS

Indoor Games

- Badminton
- Table Tennis
- Chess
- Carrom
- Darts
- Ludo
- Online games

50-64

# Contents

## INDEX ELEMENT



### LITERATURE EVENTS

- Poetry- Shabdanjali
- Turncoat
- Quiz
- Open Mic
- Elocution
- Spelling Bee
- Dumb Charades
- Extempore
- Flash Fiction

### FINE ARTS

- Face Painting
- Sketching
- Canvas/Poster Making
- Rangoli
- Mandala Art
- Mehendi
- Calligraphy
- Normal Painting / On spot Painting

••• 65-78

### SPECIAL EVENTS

Box Cricket, Photography,  
Short Film making, Instagram Reel making,  
Body Building, Panipuri Competition

••• 79-87

### EVENTS OF GRANDEUR

Band Night, Meta Talks,  
Spiritual Session, Standup Comedy, DJ Night  
Bollywood themed Party, Sufi Night, Star Night

••• 88-93

### TALK TO TEAM

••• 94-95

# About NMCH



Established in 2003, Narayan Medical College & Hospital (NMCH) in Sasaram, Bihar, is a distinguished institution dedicated to providing high-quality medical education and healthcare services. Affiliated with Gopal Narayan Singh University, NMCH plays a pivotal role in advancing medical knowledge and improving healthcare in the region.

## Educational Programs

NMCH offers a comprehensive range of medical programs:

- **MBBS:** The Bachelor of Medicine and Bachelor of Surgery (MBBS) program is designed to equip students with a solid foundation in medical sciences and clinical skills. The curriculum combines rigorous academic training with hands-on clinical experience.
- **Postgraduate Programs:** The college offers a variety of postgraduate degrees (MD/MS) in numerous specialties, including internal medicine, surgery, pediatrics, obstetrics and gynecology, and more. These programs aim to develop skilled specialists and consultants equipped to handle complex medical cases.

## Facilities and Infrastructure

NMCH boasts modern facilities to support both education and patient care:

- **Classrooms and Laboratories:** The institution features well-equipped classrooms and laboratories with advanced teaching aids, promoting interactive learning and practical training.
- **Hospital:** The attached multi-specialty hospital, with 650 beds, provides comprehensive medical services and serves as a teaching hospital. It includes specialized departments such as cardiology, orthopedics, and nephrology, ensuring a wide range of clinical experiences for students.
- **Library:** The central library houses an extensive collection of medical textbooks, journals, and digital resources, supporting research and academic study.
- **Hostels:** NMCH offers comfortable hostel facilities for both male and female students, ensuring a conducive living environment.

## Research and Community Service

The college emphasizes research and development, encouraging both faculty and students to engage in clinical and biomedical research. This focus on research contributes to advancing medical science and enhancing patient care. NMCH is also actively involved in community service, organizing health camps, awareness programs, and free medical check-ups, particularly in underserved rural areas.



### **Student Life**

NMCH provides a vibrant campus life with various extracurricular activities, including cultural events, sports, and academic competitions. The college also offers hostels with essential amenities for students, fostering a conducive environment for learning and personal growth.

### **Conclusion**

Narayan Medical College & Hospital aims to provide quality medical education and healthcare services while fostering a research -oriented environment. With its commitment to excellence in education and patient care, NMCH continues to contribute significantly to the medical field in Bihar and beyond.

# About GNSU



## Gopal Narayan Singh University: A Hub of Innovation and Excellence in Bihar

Gopal Narayan Singh University (GNSU), located in Jamuhar, Sasaram, Bihar, was established in 2018 under the Bihar Private Universities Act. Named after Gopal Narayan Singh, a distinguished figure in education and healthcare, GNSU aims to provide high-quality education while promoting research, innovation, and community service.

### Vision and Mission

GNSU seeks to become a premier center of learning and innovation, offering academic programs that meet global standards. The university is committed to holistic education that combines academic excellence with practical experience, preparing students for professional success and responsible citizenship.

### Academic Programs

GNSU offers a diverse range of undergraduate, postgraduate, and diploma programs across various fields:

- **Medical Sciences** : Includes Narayan Medical College & Hospital (NMCH) with MBBS and MD/MS programs.
- **Nursing and Paramedical Sciences** : Offers training for healthcare support roles.
- **Management and Commerce** : Features business administration and commerce programs.
- **Pharmacy** : Educates students in pharmaceutical sciences.
- **Agriculture and Allied Sciences** : Focuses on sustainable farming and rural development.
- **Engineering and Technology** : Provides technical education in various engineering disciplines.

### Facilities and Infrastructure

GNSU is equipped with modern facilities, including advanced classrooms, state-of-the-art laboratories, a comprehensive library, and well-maintained hostels. A significant asset is the 650-bed multi-specialty hospital, serving as both a teaching facility and a community health provider.

### Research and Community Engagement

The university emphasizes research and development, encouraging innovative projects and interdisciplinary studies. It is actively involved in community service, organizing health camps, educational workshops, and skill development programs, particularly in rural areas.

### Conclusion

Gopal Narayan Singh University is dedicated to fostering excellence in education and community service. With its broad academic offerings and cutting-edge facilities, GNSU aims to develop skilled professionals ready to address societal challenges and contribute meaningfully to their





# About METAMORPHOSIS

**Metamorphosis** is a dynamic four-day inter-medical college fest hosted by Narayan Medical College & Hospital (NMCH) in Sasaram, Bihar. This event is a celebration of music, inspiration, and community, designed to provide students with a refreshing break from their academic routines.

The fest features an array of exciting activities, including DJ nights, live band performances, and shows by renowned singers, creating a high-energy atmosphere that brings students together. Adding to the entertainment are performances by famous stand-up comedians, ensuring laughter and fun for all participants.

Metamorphosis also includes sessions with spiritual gurus and motivational speakers who offer guidance on mindfulness, stress management, and personal development. These sessions inspire students to think beyond their academic boundaries and encourage personal growth and resilience.

Cultural performances such as dance, drama, and fashion shows allow students to showcase their talents, while interactive workshops and panel discussions provide opportunities for learning and professional development.

Metamorphosis is more than just a fest—it's an enriching experience that fosters personal growth, community spirit, and a sense of belonging. By blending entertainment with inspiration and education, the fest leaves a lasting impact on NMCH students, making it a highly anticipated annual event.

Metamorphosis at Narayan Medical College & Hospital is more than an event; it is an experience that enriches the lives of all who participate. Through a blend of music, laughter, spirituality, and inspiration, this four-day festival creates a vibrant atmosphere that celebrates the dynamic spirit of NMCH's student community. It remains one of the most eagerly awaited events of the year, leaving a lasting impact on everyone involved.

# CHAIRMAN'S Message



**GOPAL NARAYAN SINGH**

Dear Medicos,

I am thrilled to extend a warm invitation to you for the upcoming inter -medical and dental college fest, Metamorphosis, scheduled to take place from OCTOBER 24 -27. This annual event is a fantastic opportunity for you to showcase your talents and skills across various fields, including quiz, dance, singing, sports, and athletics.

Last year's Metamorphosis was a tremendous success, with enthusiastic participation from numerous colleges. The competition was fierce, but the spirit of camaraderie and excellence shone brightly. We witnessed remarkable performances, with standout achievements and exemplary sportsmanship that made the event truly memorable.

This year, we anticipate even greater participation and excitement. I encourage all of you to bring your college teams and compete with your peers from medical colleges across Bihar and neighbouring states . This is your chance to represent your institution with pride and vie for the coveted tournaments and trophies.

Metamorphosis promises to be an exhilarating and enjoyable experience, offering a perfect blend of fun and competition. It will also serve as a valuable platform for networking and building lasting relationships with fellow medical students from the region.

I look forward to your active participation and wish you the best of luck in your competitions. Let's make Metamorphosis 2024 an event to remember!

Sincerely,  
Gopal Narayan Singh  
**CHAIRMAN**  
Gopal Narayan Singh  
University

# SECRETARY'S Message



**GOVIND NARAYAN SINGH**

Dear Participants,

Welcome to "Metamorphosis 2024," taking place from October 24-27 at Narayan Medical College & Hospital (NMCH), Sasaram, Bihar. Our motto for this year is "Evolution to Excellence," and we are thrilled to provide a vibrant platform for students to showcase their creativity, innovation, and talents across a multitude of fields.

Reflecting on last year's Metamorphosis, we were delighted with the remarkable participation and enthusiasm from all involved. The event featured an impressive array of activities, including guest lectures, workshops, poster presentations, cultural performances, and sports competitions. The Medical Quiz competition was a standout, offering a stimulating challenge that highlighted the depth of knowledge and critical thinking skills among participants.

This year, we are excited to announce that Metamorphosis 2024 will be even grander. We have expanded the event to include more engaging sessions, distinguished guest speakers, and enhanced opportunities for learning and networking. This four-day extravaganza promises to be a thrilling and enriching experience for everyone involved.

We encourage all students to dive into the activities, explore the latest trends in the medical field, and make the most of the networking opportunities. This is a wonderful chance to showcase your research, make new friends, and build professional connections that will support your future endeavors.

Special thanks to our sponsors for their generous support and to the organizing committee for their relentless dedication in putting together this exceptional event. I wish all participants the best of luck and look forward to seeing you at "Metamorphosis 2024."

Sincerely,  
Govind Narayan Singh  
**SECRETARY**  
Gopal Narayan Singh  
University

# MANAGING DIRECTOR'S *Message*



**TRIVIKRAM NARAYAN SINGH**

Dear Students and Participants,

I am delighted to welcome you all to the annual Metamorphosis College Fest! This event stands out as one of the most eagerly anticipated highlights of the academic year, and it is truly exhilarating to witness the enthusiasm and energy that each of you brings to it.

This year's , "Metamorphosis," embodies the transformative power of education. It symbolizes the profound impact education has on our lives and its potential to drive meaningful change in the world. Our fest is designed to celebrate not only the academic achievements of our students but also their creativity, innovation, and discipline.

As you engage in the diverse array of events and activities planned for this year's fest, I encourage you to fully embrace the spirit of exploration and experimentation that defines the college experience. This is your opportunity to challenge yourself, push beyond your comfort zones, and uncover new talents and interests that you might not have previously discovered.

Reflecting on last year's Metamorphosis, we were thrilled by the vibrant participation and the high level of enthusiasm displayed. This year, we have worked diligently to elevate the fest even further, incorporating more structured and disciplined activities to enhance the overall experience.

I extend my heartfelt gratitude to the faculty and staff whose tireless efforts have made this event possible. Your dedication and hard work are the backbone of this fest, and I am immensely proud of the contributions you have made to ensure its success.

As you participate in the competitions and events, I wish you all the best of luck. May you have a memorable time, learn new things, forge new friendships, and create lasting memories.

Sincerely,  
Trivikram Narayan Singh  
**MANAGING DIRECTOR**  
Gopal Narayan Singh  
University



# Vice-Chancellor's Message



**DR. M.K SINGH**

Dear Students,

I am delighted to announce the upcoming Medical College Fest, Metamorphosis, which will be held from October 24th to October 27th, 2024. As the Vice -Chancellor of Gopal Narayan Singh University, I encourage each of you to actively participate in this four -day event and make the most of the incredible opportunities it offers.

Last year's Metamorphosis was a remarkable success, marked by enthusiastic participation and a vibrant display of talent and teamwork. This year, we aim to elevate the fest to new heights, combining even more fun and excitement with a strong emphasis on discipline and personal growth. Metamorphosis is more than just a festival—it's a celebration of learning, competition, and camaraderie among medicos. It provides a unique platform for you to engage with fellow students, enjoy a lively atmosphere, and develop your skills in various fields.

We believe this year's event promises to be even more spectacular, featuring a diverse range of competitions and activities designed to challenge and inspire you. The healthy competition among different medical colleges will foster an environment of growth and mutual learning. Participating in such events not only enhances your persona but also provides a valuable opportunity to showcase your skills, learn from your peers, and improve your communication and teamwork abilities.

I urge all of you to register and take full advantage of the workshops, lectures, and interactive sessions we have planned. Remember, this is a chance to push your boundaries, develop new interests, and create lasting memories.

I wish you all the very best of luck for the event. Let's make this year's Metamorphosis a truly memorable experience for everyone.

Sincerely,  
Dr. M.K. Singh  
**VICE-CHANCELLOR**  
GNSU



# Principal's Message



**DR. Hiralal Mahto**

Dear Students,

I am thrilled to announce that Narayan Medical College and Hospital is organizing the much anticipated four-day fest, Metamorphosis, from October 24th to October 27th, 2024. I extend a warm invitation to all students to participate in this exciting event and make it a grand success.

Metamorphosis is more than just a fest—it's a celebration of your journey, a chance to immerse yourself in an environment of creativity, learning, and fun. Last year, the fest was a remarkable showcase of talent, enthusiasm, and teamwork, setting a high standard for everyone. This year, we are determined to make it even better, with a focus on both enjoyment and discipline. It's an opportunity to communicate and interact with fellow medicos, build new friendships, and develop your persona in a dynamic and supportive environment.

We have meticulously planned numerous activities and events that will challenge your skills and knowledge in various areas. From indoor and outdoor sports, literary events, fashion shows, and fine arts to cultural performances, there is something for everyone to enjoy and excel in. This is your chance to step outside your comfort zone, embrace new challenges, and emerge as more confident and well-rounded individuals.

While we want you to have fun, we also emphasize the importance of discipline and professionalism. As future medical professionals, it's crucial to maintain a balance between enjoyment and responsibility. We are here to support you every step of the way, providing guidance and assistance to ensure that you make the most of this opportunity.

So, mark your calendars and gear up for four days of non-stop fun, learning, and excitement. Don't miss out on this fantastic opportunity to be part of Narayan Medical College and Hospital's Metamorphosis. We are excited to see all the amazing talent and spirit that you will bring to the fest.

I look forward to seeing you all there. Best of luck to everyone!

Sincerely,  
Dr. Hiralal Mahto  
**PRINCIPAL**  
NMCH



# DSW'S Message



**DR. KUMAR ANSHUMAN**

Dear Students,

I hope this message finds you in good health and spirits. It gives me great pleasure to announce the upcoming medical college fest, Metamorphosis, which will be held from October 24th to October 27th, 2024, at Narayan Medical College and Hospital.

Metamorphosis is more than just a fest —it is a celebration of talent, creativity, and collaboration. Last year's event was a tremendous success, filled with unforgettable performances, competitive spirit, and a strong sense of community. This year, we aim to elevate the experience even further with a diverse range of events that promise to be both challenging and fun. We want to ensure that every student has the opportunity to shine, learn, and grow.

Metamorphosis provides a unique platform for students to showcase their talents, connect with peers from other medical colleges, and participate in various exciting events. It's an excellent opportunity to foster teamwork, leadership skills, and build lasting connections within the medical fraternity. While fun and enjoyment are key aspects of the fest, we also emphasize maintaining discipline and professionalism throughout the event. This balance is essential in creating a safe, respectful, and enjoyable environment for everyone involved.

We encourage all students to participate actively in the fest and make the most of this fantastic opportunity. Whether you are competing, volunteering, or simply attending, your involvement is vital in making Metamorphosis a memorable event. Rest assured, the organizing team and I are here to support you every step of the way. We will provide guidance, resources, and assistance to ensure that everyone has a positive and enriching experience.

So, gear up for four days of learning, laughter, and lively interaction. Let's come together to make Metamorphosis 2024 a milestone event in the history of Narayan Medical College and Hospital. Best of luck to everyone, and I look forward to seeing your energy and enthusiasm!

Sincerely,  
Dr. Kumar Anshuman

**DSW**  
NMCH

# GENERAL Registration



## METAMORPHOSIS 2024 REGISTRATION INFORMATION

**Event Dates:** October 24th to October 27th, 2024

**Location:** Narayan Medical College and Hospital, Sasaram, Bihar

### Registration Charges

#### For Narayan Medical College and Hospital (NMCH) Students:

- Faculty: ₹2000/-
- Students Without Previous Meta ID: ₹2000/-
- Previous Meta ID Holders: ₹1500/-

#### FOR STUDENTS FROM OTHER COLLEGES

#### Registration Charge: ₹1500/-

- Fooding & Accomodation charges are separate from the above charges

## DELIVERABLES

### For NMCH-

#### For Faculty:

- Metamorphosis T-shirt
- 4 Metamorphosis Complimentaries
- Event Jacket
- Food Passes for 4 days
- All Pro-Show Passes

#### • Previous Meta ID Holders

- Metamorphosis T-shirt
- 4 Metamorphosis Complimentaries
- Food Passes for 4 days
- All Pro-Show Passes

#### Students Without Previous Meta ID

- Metamorphosis T-shirt
- 4 Metamorphosis Complementaries
- Food Passes for 4 days
- All Pro-Show Passes

#### For Students from Other Colleges

- Free Passes for All Events
- Metamorphosis Kit (worth ₹1000)
- Free Dormitory Accommodation (No Fooding Included)
- Optional Accommodation Upgrades:
  - Triple Occupancy Room: ₹150/day
  - Quadruple Occupancy Room with Bed and Mattress: ₹100/day





# EVENT *Registration*

Register for all the Cultural, Sports and Literary events online through the registration portal on our website

**<https://nmch-metamorphosis.com>**

On-spot registrations for the events during the fest will be done at the REGISTRATION DESKS ONLY.

For online registration and accommodation payment, show your E-Ticket on the Registration Desk to obtain a signed paper receipt and the **Metamorphic Card**.

In case of any queries and issues, contact:

1. **VIKRAM**----- +91 9155494467

2. **BHAVINEE** ----- +91 7033582413

3. **BIRAJ** ----- +91 8825141873

4. **MANJARI** ----- +91 8210804186

Access to all the Special Events Including Stand-Up Comedy, Meta Talks, DJ Night, Star Night, Theme Party, Alumni Meet Entry in all the individual events will be free.

**NOTE: Entry into team events will be chargeable.**

## FOOD AND *Accommodation*

**Normal Accommodation - Free per Person per Day in documentary**  
**Special Accommodation Charges- INR 250 per Person per Day**

{ 3 Seater room with attached washroom }  
{ 4 Seater room with attached washroom } **BOYS**

{ 3 Seater room with attached washroom } **GIRLS**

### **Normal Accommodation**

The person will be provided with a sharing dormitory with all basic facilities, inside the campus of the college. Things provided will be Mattress, Pillow and a Bedsheet.

### **There will be a security deposit of INR 500 Refundable.**

Accommodation will be provided in Boys and Girls Hostel. Accommodation of room will be done by Accommodation In charge based on contingent size, duration of stay and based on first serve first come basis.

*\*Note: The participants may have to share the accommodation with participants from other colleges.*

The organizing committee or the Accommodation In charge will not be responsible for any loss of valuable item or luggage of the participants during their stay at NMCH. Participants are advised to take suitable measures to ensure the safety of their belongings.

All transactions are non-refundable. No refund will be initiated in any circumstances. In case of any dispute regarding refund of security deposit of Accommodation Heads will be final.



## FOOD AND *Accomodation*

### **Food Charges are: INR 400 per person per Day**

Each person will be provided with multiple coupons for 3 different meals of the day. Food will only be provided in exchange to the coupon.

#### **Contact :-**

Kunal - 6206392983

Alok - 9315892726

Amitesh - 8375921601

Adarsh - 7070529854

Shrishti - 8210714725

Mahima - 7023510389

Smriti - 8092218048

# RULES AND *Regulations*



Registration as a Metamorph is a compulsory for all participants before registering for any event or to attend the pro-shows. Metamorphic Card must be in possession of the participants at any time during the event.

**1. Participants can Register** and Pay Online via the Gateway available on our website. Online Registration will generate an E-Ticket that needs to be shown/verified at the Registration Desk to obtain a Receipt/Metamorphic Card.

**2. Offline Registration/payment** can be done at any of the Registration desks setup on the campus-the Hostel office. (only for spot registration)

**3. Please confirm** your participation & No. of Metamorphs requiring accommodation, at the earliest, to the Accommodation In Charges, either by contacting them through a Phone Call or WhatsApp Messages.

**4. A Valid college ID card** and 2 photographs are a must for issuing a Metamorphic Card.

**5. A valid event registration** receipt and a Valid Metamorphic card will be checked before every event.

**6. Team Leaders are requested** to co-ordinate and cooperate with the Organizing Committee regarding issue of Metamorphic Cards.

**7. The decision of the Judges** and the referees will be final. A team may be denied participation or face disqualification in case of unruly behavior at any point of time on the campus.

**8. All Metamorphs are requested** to Carry their Metamorphic cards at all times during their stay inside the campus.

**9. Entry into the proshows/events** will be strictly denied Without any exception in case of failure to produce the metamorphic card.

**10. The Metamorphic card** serves as ID card; the Metamorphs are expected to produce the same on demand at the Security Checkpoints to the Authorized security personnel.

**NOTE:** *Transport for teams with any number of delegates will be provided from Railway Station with prior request by the team leader at least 2 working days before to the Accommodation In charges.*

# Cultural

## EVENTS

- Fashion Show - Glamazone
- Drama/Skit
- Battle of Bands - Melody Medley
- Dance-Solo/Group - Dil Dosti Dance
- Singing-Solo/Group
- Nukkad Natak - आवाज़
- Instagram Reel Competition

### CONTACTS

Namita Singh - 7632831867  
Aakriti Singh - 8210510799  
Tushar Garg - 9903492517  
Abhishek Sharma - 8540994119

# Glamazone

## THE STORY

Welcome to the runway, let the elegance flow as models take their place, let the fashion show begin its grand spectacle, the spotlight aglow In the college fest of Metamorphosis.

*Elegancia will grow from chic to avant-garde,  
The designs will astound.  
Each collection and style, a masterpiece that's bound  
to captivate the eye, the senses spellbound .  
As the models strut and twirl, the ambiance profound,  
Fashion mavens and trend-setters, gather 'round.  
Elegancia is the title, the fashion show crown,  
The models aspirations, brought to life, renowned.  
In the college fest of Metamorphosis...  
elegance abounds.*

So let the music play, let the fabrics flow  
As Elegancia takes the stage,  
Let the show Inspire, ignite, and  
Let the creativity grow.  
In the fashion show of Metamorphosis.....  
let the elegance glow.

### CONTACTS

Pranav Pratap Singh – 8299458132

# ABOUT *Glamazone*

*At The Glamazone, the runway glows  
Fashionistas and models striking their poses  
The beat of music, the flashing lights  
A show like this, a fashion lover's delight  
Dresses and suits, all tailored with care  
Each garment a masterpiece, elegant and rare  
Styles and trends, old and new  
The fashion world, always breaking through  
The catwalk, a canvas, where art comes alive  
A celebration of beauty, where all can thrive  
Designers, models, and fashion devotees  
Creating a world, where elegance flows with ease  
The Elegant Point, a place to inspire  
To ignite passion, and take fashion higher  
A stage where the beauty of art is shown  
And the audience, in awe, is forever flown.*

---

## **RULES**

There will be 2 rounds.

**ROUND 1:** The teams will perform according to their pre decided choreography.

**ROUND 2:** Individuals short listed by the judges will be called.

# *Glamazone* RULES OF

1. Upon the stage to walk on the ramp, strike a pose and walk back. These participants are going to be judged according to walk, pose, confidence, attitude & Costume.
2. Maximum number of members-12 per team.
3. Participants have to get their costumes and need to make arrangements for their hair and make up by themselves.
4. Teams have to arrange their own music and get that submitted 2-3 days before the show.
5. Maximum time for each round is 8+2(for setup) minutes.
6. Teams will be judged based

**Registration Fees: INR 3000 per team**

\*Per team should not exceed 10 members.

**INR 500/Person**

**Prizes Worth: INR 50000**

## **OTHER TITLES INCLUDE**

Mr. & Ms. Elegancia

Mr. & Ms. Dynamic

Mr. & Ms. Best Dressed



# BATTLE OF *Bands*



## BATTLE OF BANDS

Metamorphosis presents to you the Battle of Bands  
Let's get high on the melody of drums and feel the journey to reach the height of euphoria and experience the adrenaline that will resonate to the papillary muscles of your heart for years to come.

**PRELIMS:** Time limit: 15 minutes including the sound check.

**FINALS:** Time limit: 20 minutes including sound check.

1. Both eastern & western songs are allowed.
2. Maximum participants from a team during a song can be 8.
3. Allowed to change the participants after a song.
4. Multiple entries from one college allowed, but both have to be registered separately.
5. In case two teams from the same college are participating, one person can't be part of both the bands.
6. No instruments will be provided except drum kit.
7. Ride and hi-hat cymbals will be provided.
8. Other cymbals to be brought by the band themselves.  
Input leads for the guitar processor to be brought by the band themselves.
9. One keyboard stand will be provided.
10. Backline amps will be provided

**Registration Fees: INR 2000 PER Team**

**Prizes Worth: INR 25000**

## CONTACTS

1. Pankhuri - 9142001017
2. Muskan - 8404807975
3. Divya - 8271771106
3. Madhavi - 8539022499
4. Tushar - 9903492517

## MELODY *Medley*

### TAAL

Come, listen to the wondrous sound,  
Taal, where East and West are bound, Vocals that blend and  
harmonize, Instruments that mesmerize.

*From the land of the rising sun,  
To the West where the day is done,  
Voices rise and fall in tune,  
With rhythms that make hearts swoon.*

*Strings and keys, drums and flutes,  
Their melodies all in cahoots,  
Creating a symphony divine,  
A fusion that's simply sublime.*

*So come, be enchanted and amazed,  
By Taal's East-West soundscapes,  
A musical journey like no other,  
That'll leave you wanting more, forever*

### RULES

#### SOLO

**PRELIMS:** One accompanying instrument is allowed. Bring your own instruments.

Karaoke tracks are allowed. Must be pre checked.

Solo-**8** participants will be selected for finals.

Duet-**10** participants will be selected for finals.

Time limit: **4** Minutes



## MELODY

# Medley

**FINALS:** One accompanying instrument is allowed.  
Bring your own instrument as well.  
Karaoke tracks are allowed. Must be pre checked.  
Time limit: 4 minutes

### **DUET/GROUP SONG**

One accompanying instrument is allowed.  
Bring your own instrument as well.  
Karaoke tracks are allowed. Must be pre checked.  
Prelims and Finals: 7 teams will be selected for finals.

### **TIME LIMIT**

Finals: 5 minutes

**Prizes Worth — INR 15000**

### **CONTACTS**

1. Pankhuri - 9142001017
2. Muskan - 8404807975
3. Divya - 8271771106
3. Madhavi - 8539022499
4. Manjesh - 9471660419

# DIL DOSTI *Dance*

## **DANCE**

The music starts to play, And the dance take the stage. They move and sway, In a beautiful display of grace.

Their bodies come alive,  
As they express themselves through dance. Their movements strive,  
To capture the audience's trance.

The energy in the room, Is electric and alive.  
As the dancers zoom,  
And their talent thrives.

The beat of the music, Pumps through their veins.  
As they showcase,  
Their passion without refrain.

The dance event is a sight to see, A beautiful expression of artistry.  
It fills the soul with glee,  
And leaves a lasting memory.

## **CONTACTS**

Shambhavi Gupta - 6299019215

Animesh - 7852851520

Aastha Raj - 9602777065

Aakriti Singh - 8210510799

# DIL DOSTI *Dance*

## **RULES SOLO**

Solo Dance - Eastern & Western

Time limit: 3-5 minutes.

Open for all.

Judging criteria- choreography, props, energy, expression, costume.

Props to be brought by the team and responsibility for damage will not be taken by the organizers.

Any kind of fluid, flame or heavy object is not allowed on stage.

Obscenity of any kind is not allowed and will lead to immediate disqualification.

You can have an element of fun in the dance.

Participants should bring prerecorded music in MP3 format in a flash drive and submit it 2 hours before the event. Beyond the time limit, the performance will be subjected to disqualification.

# DIL DOSTI *Dance*

## **DUET**

Style - non specific.

Time limit: 5-7 minutes.

Open for all.

Judging criteria- choreography, props, sync, energy, expression, stage utilization, costume, X-factor.

Props to be brought by the team and responsibility for damage will not be taken by the organizers.

Any kind of fluid, flame or heavy object is not allowed on stage.

Obscenity of any kind is not allowed and will lead to immediate disqualification. You can have an element of fun in the dance.

Participants should bring prerecorded music in MP3 format in a flash drive and submit it half an hour before the event. Beyond the time limit, the performance will be subjected to disqualification.

## **GROUP**

Non-Thematic Group Dance Style: Non-specific. Open for all.

Number of participants: Minimum 3 & Maximum 15 on stage at a time.

Criteria for judging- choreography, props usage, energy, sync, expression, stage utilization, costumes, overall impact. Time limit: 6-8 minutes

(Including setup). Props to be brought by the team and responsibility for damage will not be taken by the organizers.

Any kind of fluid, flame or heavy object is not allowed on stage.

Obscenity of any kind is not allowed and will lead to immediate disqualification. You can have an element of fun in the dance.

Participants should bring prerecorded music in MP3 format in a flash drive and submit it half an hour before the event. Beyond the time limit, the performance will be subjected to disqualification. No marks for theme.

Track to be submitted 1 week prior.

Decision of the judge will be final and binding.



# DIL DOSTI *Dance*

## **REGISTRATION FEES:**

For Solo: Rs. 200/head

For Duet: Rs. 350/team

For Group: Rs. 1500/team

Prizes Worth: Rs. 35000/-

# ENACT THE *Drama*

## DRAMA

As the curtains rise, the stage comes alive,  
Actors take their place, ready to strive,  
Drama unfolds, emotions run high,  
Each moment, a new story to imply.

Lines are spoken, hearts are broken,  
Laughter and tears, all unspoken,  
Audience engrossed, in the scene, Imaginations soar, like a dream.

In this world of make-believe,  
Anything is possible to achieve,  
As the lights dim, the finale nears, The applause, a symphony to our ears.

For in this drama, we find release,  
A chance to let go, and find some peace, So let the show go on,  
let it play, For in this moment, we forget the day.

## CONTACTS

Suryansh - 9199964642  
Pragya Kumari - 9570087067  
Prem Pal - 8539809080  
Namita Singh - 7632831867



# ENACT THE *Drama*

## GROUP DRAMA

### RULES:

Team Size: 5-15 (including light and AV assistants)

Language: Hindi, English, or both (No foul language & inappropriate words will be Entertained)

The team can select any genre.

Prerecorded music can be used

Team has to arrange their own props

No profanity is allowed

Exceeding time limit lead to negative marks

Live animals, fire, fluid is prohibited

Voiceovers for the play have to be done by the participant of the play.

### JUDGING CRITERIA:

Acting (facial and body expressions)

Storyline, Message & engagement

Screenplay & overall impact

Decision of judges will be final

TIME LIMIT: 15-20 min

Registration Fees:

Rs. 500/team

Prizes Worth: INR 15000

# STAND UP *Comedy*

## STAND UP COMEDY

The stage is set, the lights are bright  
I take a deep breath, and step into the light  
My heart beats fast, my palms are sweaty  
But I know I'm ready, I'm feeling steady

I start with a joke, the crowd erupts  
Laughter echoes through the room, I'm struck  
By the power of humor, to connect and unite  
To make us forget, just for one night

The punchlines keep coming, the laughter grows  
I'm in my element, in the comedy zone  
For just a moment, the world disappears  
And all that's left, are smiles and cheers

I end my set, the crowd gives a roar  
I take my bow, and exit the floor  
I feel alive, I feel so free  
Stand-up comedy, it's the place for me.

## CONTACTS

Animesh – 9852851520

Prempal – 8539809080



# STAND UP *Comedy*

RULES:

## **SOLO EVENT**

The comedy must be original  
No background music allowed  
Language: Hindi , English or both

## **DUET EVENT**

The comedy must be original  
No background music allowed  
Language: Hindi , English or both

DON'Ts:

No profanity is allowed  
Exceeding time limit lead to negative marks

## **JUDGING CRITERIA:**

Content and humor  
Expression and gestures

TIME LIMIT:

Solo - 5-7 mins  
Duet-5-10 mins

Registration Fees:

Rs. 150/head

Prizes Worth:

INR 2000



# आवाज़

## NUKKAD NATAK

### RULES:

Number of participants - 8-14 members

Dress code - Ethnic wear

Language - Hindi/Regional ( No foul language or inappropriate words will be entertained)

Props are to be brought by the performing members.

TIME LIMIT: 15-20 mins

Registration Fees:

Rs. 150/head

Prizes Worth:

INR 10000/-

### CONTACTS

Suryansh – 9199964642

Pragya Kumari – 9570087067

Prempal - 8539809080

Namita- 7632831867



# Sports

CULTURE

## OUTDOOR

- Basketball
- Athletics
- Football
- Volleyball
- Cricket
- Tug of war
- Handball (only for female)
- Kabaddi (only for female)
- Futsal

# Sports

## CULTURE



# BASKETBALL

***If you don't fall, how are going to know what getting up is like ?  
- Steph Curry***

*A high-flying, fast, paced symphony of athletic prowess and dazzling skills, Basket ball is a game of fineness & power.*

*Every shot is a masterpiece, every steal a work of art, and every slame a heart-pounding, exhilarating climax.*

*The sound of the ball swishing through the net is like music to ears.*

*It is a beautiful ballet of sweat and determination that leaves fans in awe and players in a state of pure, unadulterated joy.*

**Registration Fees:**

Rs. 2000 / team both men and women

**Prizes Worth:**

Rs. INR 20000/-

**Contacts:**

1. Satyamay - 9304250704

2.Samriddhi - 7070239390

# BASKETBALL



## Rules and Regulations:

**Teams:** Teams can consist of a minimum of five (5) players and a maximum of twelve (12) players. Each team must have a designated captain or coach who is responsible for their team's conduct.

**Equipment:** All players should wear appropriate basketball shoes and uniforms with matching numbers. The basketballs used in the tournament will be provided by the organizers.

**Game format:** The tournament will follow a standard format of four (4) quarters, each quarter lasting **10 minutes** for boys & **7 minutes** for girls.

There will be a 2-minute break

between the first and second quarters, and the third and fourth quarters, and a 5-minute break at halftime. Overtime periods will be 3 minutes in duration.

**Scoring:** A basket made from inside the three-point line will be worth two (2) points, and a basket made from outside the three-point line will be worth three (3) points.

**Foul limits:** Each player will be allowed five (5) personal fouls before fouling out of the game. Technical fouls and unsportsmanlike conduct will also result in penalties.

**Timeouts:** Each team will be allowed three (3) timeouts per game.

**Substitutions:** Substitutions can be made at any dead ball situation or during a timeout.

**Tiebreakers:** In case of a tie, overtime periods will be played until a winner is determined.

**Code of conduct:** All participants are expected to display good sportsmanship and adhere to the rules and regulations set forth by the organizers. Any behavior deemed inappropriate or unsportsmanlike by the organizers will result in disciplinary action. Any disputes will be resolved by the tournament officials.

Referee decision will final during matches.

All rules will be followed as per FIBA guidelines.

SLOT OF ONLY 16 TEAMS (Male) & four team minimum (Female)  
WILL BE AVAILABLE.

AFTER THAT REGISTRATION FOR THIS EVENT CLOSES

**NOTE:** Metamorphic ID is mandatory for all participants.

Teams must arrive at least 30 minutes before their scheduled game time.

## FOOTBALL

***“The more difficult the victory, the greater the happiness is winning”***  
***-PELE***

Football is the dramatic, heart pounding battle on a grassy battlefield, where armored players clash in a glorious spectacle of strength and skill. It's a game of brute force and lightning-fast agility, where players through change headfirst into the fray, leaping, diving and jerking there a symphony of bone crushing tackles and mind-blowing latches. It's a game that ignites passion and unites fans in roaring stadiums. It's a thrilling, adrenaline fueled spectacle that brings people together, where the sound of the crowd is like thunder, and the roar of victory is sweeter than the finest honey.

### **Rules and Regulations**

#### **Team Composition:**

1. Each team must have a minimum of 11 players and a maximum of 15 players.
2. All players must wear appropriate football attire, including cleats and shin guards.
2. Each team must have a designated captain.

#### **Game Duration:**

3. League game will consist of two 25-minutes halves with a 5-minute halftime break.
4. The referee may add additional time at their discretion for any injuries or delays.
5. Final game will consist of two 30-minutes for boys & 15-minutes for girls halves with a 10-minute halftime break.

#### **Substitutions:**

6. Substitutions can be made at any point during the game, but the substituted player must exit the field before the new player enters.
7. The number of substitutions allowed may vary depending on the tournament rules. Scoring:
8. A goal is scored when the entire ball crosses the goal line within the goalposts.



## FOOTBALL

1. If the game ends in a tie, tournaments may have extra time or penalty shootouts to determine the winner.

### **Fouls and Penalties:**

2. Fouls will result in a free kick or penalty kick for the opposing team, depending on the severity of the foul.
3. Yellow and red cards may be issued by the referee for unsportsmanlike conduct, with a red card resulting in a player's ejection from the game.
4. Handballs, tripping, and excessive physical contact are examples of fouls in football. Sportsmanship:
5. All players and teams are expected to display good sportsmanship during the tournament.
6. Any behaviors that is deemed unsportsmanlike, including aggressiveness or disrespectful behavior towards other players or the referees, may result in penalties or ejection from the game.
7. Any disputes will be resolved by the tournament officials.
8. Referee decision will be final during matches.
9. All rules will be followed as per AIFF guidelines.
10. Metamorphosis card is mandatory
11. Teams must arrive at least 30 minutes before their scheduled game time.

SLOT OF ONLY 16 TEAMS WILL BE AVAILABLE.AFTER THAT  
REGISTRATION FOR THIS EVENT  
CLOSES

### **Registration Fees:**

Rs. 3000/- per team

Prizes Worth:

Rs. 30000

### **Contacts:**

1. Nitin - 9973041103

# Sports

CULTURE

## VOLLEYBALL



***“There are six people around the court and its literally like a ballet.  
And fundamentals are at the core of everything you do”.***  
– Caren Kenner

It's a game that demands both pioneer & finesse, strategy & spontaneity, and rewards those who can master the delicate dance of setting, blocking, and smashing.

# Sports

CULTURE



## VOLLEYBALL

### Rules:

1. Teams must arrive at least 30 minutes before their scheduled game time.
2. Teams must have at least 6 players to start a game and may have up to 12 players on their roster. Players may not switch teams during the tournament.
3. The Match will be played of total **25 points**. The Team that scores it first will be declared as the winner. Each team will be allowed one timeout per set (30 seconds).
4. A coin toss will determine which team serves first in the first set. In the second set, the team that did not serve first in the first set will serve first, and in the third set (if necessary), a coin toss will determine which team serves first.
5. Players may not touch the net during play. Players may not reach over the net to block or spike the ball on the opponent's side of the court.
6. If a ball hits the boundary line, it is considered in play.
7. Substitutions can be made at any time, but the substitute must enter the game at the back line and the player being substituted must leave the game before the new player enters. The team that wins two sets first wins the match.
9. In the case of a tie, a deciding third set will be played to 15 points, with a 2-point advantage required to win.
10. Any disputes will be resolved by the tournament officials.
11. Referee decision will final during matches.
12. No rotation
13. All rules will be followed as per FIVB guidelines.
14. College ID and aadhar card is mandatory

SLOT OF ONLY 16 TEAMS WILL BE AVAILABLE. AFTER THAT REGISTRATION FOR THIS EVENT CLOSES

Registration Fees: Rs. 1200 per team  
Prizes Worth: 20000/-

### Contacts:

1. Vishwajeet - 8789332863
2. Pranav - 6377531983
3. Vishakha - 6375503694

# Sports

CULTURE

# CRICKET

***“Face the failure, until the failure fails to face you”  
-M S Dhoni***

With its roots stretching back centuries, it is a sport that exudes tradition and excitement.

Picture a warm summer day on a green field, the sound of leather on a Willow echoing through the air as the batsman sends the ball flying towards the boundary.

It's a game that embodies the spirit of competition, camaraderie and Sportsmanship, leaving a lasting impact on all who experience its magic. Cricket is more than just a sport- it's a way of life, a passion that unites People and transcends boundaries, creating unforgettable moments and cherished memories for generations to come.

# Sports

CULTURE

# CRICKET

## RULES AND REGULATIONS:

Every match in the tournament will be a knockout. Knockout matches and semifinals will be of 14/12 overs each. The Grand Finale will be of 20 overs for boys & 10 overs for girls

Matches will be played according to the ICC rules. Competing teams must arrive 45 minutes before the start of the match with 15 players (11 in the team and 4 on bench) Playing 11 should be submitted by the captain to the Umpire before the start of every match. Substitutions will be allowed only for fielding(only in case of injury)

There will be a time limit of 50 minutes for the completion of one inning in the league stages & the semis and 80 minutes for the grand finale (failure to do so may result in a penalty of 15 runs)

Time interval between the finish of first innings and the start of second innings will be 10 minutes max.

Teams must respect each other and discipline should be maintained throughout the tournament.

Umpire's decision will be the final decision with no ongoing arguments on the decision taken by him.

Last but not the least, enjoy the tournament and give us the opportunity to make this event a huge success.



# Sports

CULTURE

# CRICKET

TOURNAMENT FORMAT- (RED TENNIS BALL) Knockout matches Winners of the two semifinals will clash in the Grand finale.

### **KIT SHALL BE BROUGHT BY THE TEAM**

SLOT OF ONLY 16 TEAMS WILL BE AVAILABLE. AFTER THAT REGISTRATION FOR THIS EVENT CLOSES

Registration Fees: Rs. 2500 per team

Prizes Worth:

INR 50000/-

Contacts:

1. Gaurav - 9572434402
2. Abhishek Anand - 8420896395
3. Amol - 8340532270

# Sports

CULTURE

## ATHLETICS

*“Believe in yourself and all that you are know that there is something inside you that is greater than any obstacle”. – Neeraj Chopra*

# Sports

CULTURE

## ATHLETICS

### TRACK EVENTS

100m 200m 400m  
800m  
1500m

### JUMP EVENTS

Long Jump  
High Jump

### RELAYS

4×100m (men & women)  
4×400m (men)  
JAVELIN THROW (MEN & WOMEN)  
SHOTPUT (MEN & WOMEN)  
DISCUS

### REGISTRATION FEES

Individual event registration fees: Rs. 200/event  
Relay registration fees: Rs. 500/team

### PRIZES WORTH

INR 5000/-

### Contact

1. Nitish - 9873838767
2. Pradum - 7740843437
3. Aastha Raj - 9602777065
4. Swati - 7480830545



# Sports

CULTURE

## TUG OF WAR

Tug of war, a battle of strength,  
A contest that requires great length,  
With each team pulling with all their might,  
Straining to win, with all their fight.  
The rope taut, stretched to its limit,  
Each side determined, no room to submit,  
Muscles bulging, sweat pouring down,  
The prize of victory, the ultimate crown.  
The cheers of the crowd, ringing in the air,  
Fueling the desire to never despair,  
A test of endurance, a test of will,  
A battle of power, that's hard to fulfill.  
The rope begins to move, inch by inch,  
Both teams digging in, not giving an inch,  
The tension builds, the struggle intense,  
No one knows which side will prevail hence.  
Suddenly, the rope begins to sway,  
One team gains ground, pulling their way,  
The other team fights back with all their might,  
But in the end, it's the winner's delight.  
The victory belongs to the team that won,  
Their efforts rewarded, their victory done,  
Tug of war, a test of strength and skill,  
A battle that demands, one's heart to fill.

# Sports

CULTURE

## TUG OF WAR

### Tug of war rules:

2 teams of 8 players pull a rope in opposite directions. Objective is to pull center mark over center line to win. Fouls include crossing center line, sitting or lying down, stepping over rope, and intentional grounding.

Game starts on whistle, and team pulling center mark across the line wins. Game can end in a tie.

Players must wear appropriate clothing and footwear, and inspect rope before each game for damage.

Registration Fee : 700/-

Prizes worth Rs : 5000/-

Contacts :

1. Prabhat Satyam - 9334974148

2. Shazeb - 7297910498

# Sports

CULTURE

## HANDBALL

Fast and fierce, the game of handball,  
Played by athletes strong and tall,  
On the court they run and jump,  
Trying hard to score and thump.  
With a ball so small and quick,  
They move it fast and make it stick,  
Passing, dribbling, shooting, too,  
They show their skills, so fresh and new.  
The sound of cheers and clapping hands,  
Echo through the stands and stands,  
As the players fight with might,  
To win the game, with all their might.  
And when the final whistle blows,  
And the game comes to a close,  
The victors smile, their spirits high,  
As they celebrate and reach for the sky.  
For handball is a game of heart,  
Where skill and passion set apart,  
Those who play with grace and poise,  
From those who simply make some noise.

# Sports

CULTURE

## HANDBALL

### Rules

Teams of seven players each, including a goalkeeper.

Matches are played in two halves of 20 minutes each with a 05-minute break. The goal is to throw the ball into the opponent's goalpost and score points. Players can pass the ball to their teammates by throwing or bouncing it, but cannot take more than three steps without dribbling the ball.

Players cannot touch the ball with their feet or legs and must wear appropriate clothing and protective gear.

Fouls are penalized with free throws, and serious fouls can result in a player's disqualification.

Registration Fee : 500/-

Prizes worth Rs : 5000/-

Contacts :

1. Hrishita-9910463051

# Sports

## CULTURE

# FUTSAL

Futsal is a variant of association football played on a smaller field with five players per team. It's a fast-paced, high-intensity game that emphasizes ball control, quick passes, and strategic movement. Futsal is played indoors, typically on a court with a smooth surface, and is popular worldwide for its exciting gameplay and social benefits.

### **Basic Rules:**

1. Game duration: Two 20-minute halves, with a 5-minute halftime break.
2. Team size: Five players per team, including a goalkeeper.
3. Field: A rectangular court, typically 20-25 yards wide and 30-40 yards long.
4. Scoring: Goals can be scored from anywhere on the court.
5. Restarts: Kickoffs, goal clearances, and corner kicks are used to restart play.
6. Fouls: Accumulated fouls lead to penalty kicks; five fouls result in a red card (ejection).

### **Unique Rules:**

1. Four-second rule: Players have four seconds to release the ball after gaining possession.
2. No offside: There is no offside rule in Futsal.
3. Goalkeeper possession: The goalkeeper can hold the ball for only four seconds before releasing it.

Futsal's rules emphasize speed, skill, and strategy, making it an exciting and challenging game for players and spectators alike.



# Sports

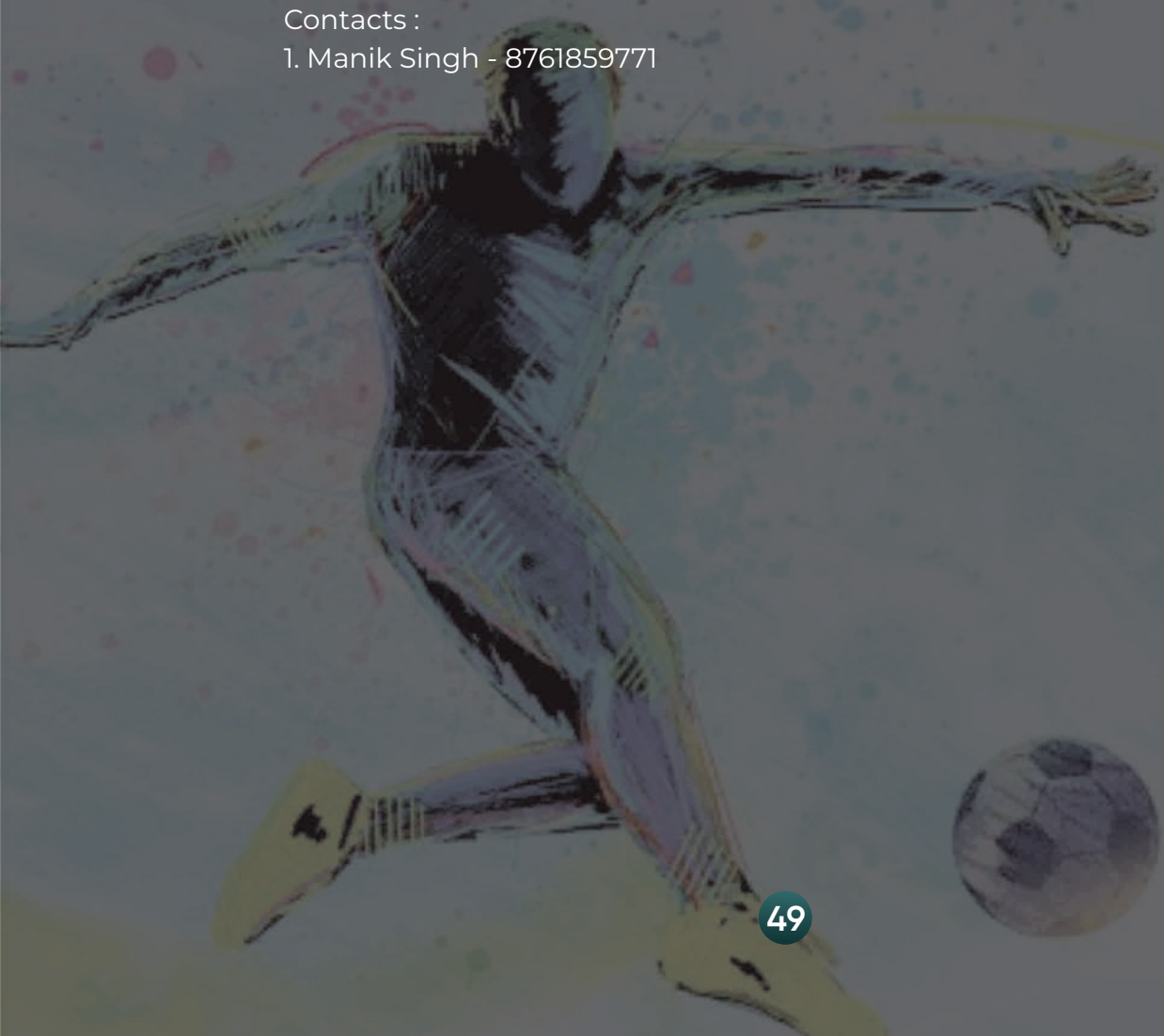
CULTURE

## FUTSAL

Registration Fee : 2000/-  
Prizes worth Rs : 10000/-

Contacts :

1. Manik Singh - 8761859771



# Sports

CULTURE

## INDOOR

- Badminton
- Table Tennis
- Chess
- Carrom
- Darts
- Ludo
- Online games

# Sports

CULTURE



## BADMINTON

*"Your dreams are what define your individuality"*

*-P.V Sindhu*

The game of badminton: A testament of agility & precision. A sport that Combines power, speed and finesse has captivated players & spectators alike for centuries.

**International rules will be applicable.**

Shuttles used-YONEX MAVIS 350, 500

Players should bring their own racquet and non-marking shoes

Decisions of the organizers will be final.

Those failing to report on time, may be disqualified.



# Sports

CULTURE



## BADMINTON

### Event: MEN SINGLES

Knockout matches- 1 set only: 21points

Semi- Final and Final Matches-21 points and best of 3 applicable

### WOMEN SINGLES

Knockout matches- 1 set only: 21 points

Semi- Final and Final Matches -21 points and best of 3 applicable

### DOUBLES-MEN, WOMEN & MIXED

Knockout matches- 1 set only: 21 points

Semi- Final and Final Matches-21 points  
and best of 3 applicable

### Team Event - Team of 5 (3 Boys + 2 Girls)

- 1st Single (Mens)

- 2nd Singles (Womens)

- 3rd Doubles (Mens)

- 4th Mixed

points and best of 3 applicable

### Registration Fees:

1. Singles(men and women) - Rs. 200 per head

2. Doubles(men,women and mixed): Rs. 300

3. Team event-INR 400

Prizes Worth: Up to Rs. 30000

### Contacts:

1. Priyaranjan - 7073911636

2. Pragma - 9523039102

3. Aditi 9413917482

4. Preeti 7068637312

5. Abhirama 9060566479

# Sports

CULTURE

## TABLE TENNIS

*“Champions are won at practice”*

The game of table tennis: A symphony of speed & strategy. It is a game of precision, agility and lightning fast reflexes at its heart.

# Sports

CULTURE



## TABLE TENNIS

### RULES

TT Balls used - STAG 3 STAR SUPREME (White Balls)

International rules applicable

Matches till Quarter Finals will be best of 3 sets

Semi-finals and finals will be best of 5 sets

The registrations should be done online. Spot registrations will be held for just one hour before the tournament.

Each player is requested to bring his/her identity card (Delegate Card/College ID) when they come for tournament.

Each player should bring their own Racquets.

### TEAM EVENT:

A team of 2 boys + 1 girl is compulsory

There will be a series of matches as follows: First singles, then doubles followed by reverse singles of which the team is expected to win 2 matches.

Decisions of the organizers will be final.

### Events

1. MEN SINGLES
2. WOMEN SINGLES
3. MEN DOUBLES
4. WOMEN DOUBLES
5. MIXED DOUBLES
6. TEAM EVENT

(Each match will be of 11 points) Registration Fees:

Singles(men and women) - INR 200 per head

Doubles (Men, Women and mixed) INR 300

Team event : Rs. 400

Prizes Worth: Up to Rs. 15000

Contacts:

1. Prathamesh - 9421844524
2. Akanksha - 9546992157

# Sports

CULTURE



# CHESS

*“Each match I play, is the most important yet”*

*-Vishwanathan Anand*

Chess, an illustrious masterpiece originating from antiquity, unfolds upon an 8\*8 board, where each move points a portrait of cunning & foresight.

# Sports

CULTURE



## CHESS

### RULES AND REGULATIONS

All participants must adhere to the rules & regulations of the tournament and events. Any discrepancies can be brought up to the concerned person and relevant measures will be taken.

Classic and Rapid Format

CLASSIC FORMAT (Rs. 200/-) Clocks are mandatory.  
Fide rules to be followed. Tie breakers by Swiss rules.

RAPID FORMAT (Rs. 150/-)  
Each player gets 20 mins with no increment.

BUGHOUSE FORMATS

Conducting is based on the number of registrations.

Prizes worth  
Rs. 3000

Contacts;  
1. Ghulam Hadi - 7717766486

# Sports

CULTURE



## CARRROM

*Success is like a game of carom, where constant efforts and the will to Never give up makes you the winner.*

With a flick of the wrist and a gentle tap,  
The coins slide across the board with a snap.  
A game of carrom, simple and fun,  
Played by many since time begun.

Strategizing with every shot,  
Each player giving it their best shot.  
Each coin a potential score,  
As the players compete for more.

The queen, the crown jewel of the game,  
Protected by the pawns, her loyal flame.  
Aim and accuracy, the keys to win,  
As players aim to sink the coins in.

In this game of skill and precision,  
There's no room for indecision.  
For every shot could be the one,  
That leads to victory and all the fun.

So let the coins slide, let the game begin,  
And may the best player always win

# Sports

CULTURE



## CARRROM

### Rules-

Match between 2 or 4 players.

All international rules will be applicable.

Thumbing {use of thumb} is allowed. One to reach 21 points first will be qualified to next round. All rounds will be knockout.

Participants must be present 30 mins prior to scheduled time. If failed to do so walkover will be awarded.

All participants must adhere to the rules & regulations of the tournament and events.

Any discrepancies can be brought up to the concerned person and relevant measures will be taken.

### Registration Fees:

Individual-Rs. 100 per head

Team-Rs. 200 per team

Prizes Worth:

Up to Rs. 2500

Contacts:

1. Pooshp Raj - 9680094403

# Sports

CULTURE



# LUDO

*Ludo is a merry concoction of chance & strategy, unfolds upon a vibrant Board adorned with rainbow of colors, each have a beacon of hope for Players, young & old. With a flick of the wrist, the dice are cast, setting into motion a delightful dance of fate and fortune.*

Roll the dice and take a chance,  
Move your token, begin the dance.  
A game of Ludo, simple and bright,  
Played with friends through day and night.

Four colored tokens, red, green, yellow, blue,  
Each player eager to see their token through.  
Roll the dice, hope for a six, Move your token, feel the fix.

A game of chance, a game of luck,  
Strategy at times, but sometimes stuck.  
Will you land on a safe spot,  
Or will you be sent back, oh what a thought!



# Sports

CULTURE



# LUDO

## RULES

All matches will be of Knockout format.  
It can be either single or doubles event  
Registrations open till

Registration Fees:

Individual - Rs. 50 per head  
Team -Rs. 100 per team

Prizes Worth: Up to Rs. 2000

Contacts:

1. Shambhavi - 6299019215

# Sports

CULTURE

# DART



Aiming true, with steady hand, The dart flies to its demand. A game of skill, a game of aim, In this sport, we play to fame. From bullseye to triple twenty, We aim and throw with plenty.

Our eyes sharp, our focus keen, In darts, we are a winning machine.

RULES Open registrations till Total 3 darts in every round. All matches will be in knockout format.

Events played - 1. Singles                      2. Mixed

Further rules will be demonstrated before the game starts.

Registration Fees: Individual - Rs. 50 per head Team - Rs. 100 per team

Prizes Worth: Up to Rs. 1000 Contacts: 1. Pooshp Raj - 9680094403

# Sports

CULTURE



## ONLINE GAMING

A world of adventure, a world of fun,  
Online gaming has just begun.  
With friends from afar, we team up and play,  
In this virtual world, we can slay.

From shooters to strategy, there's so much to choose,  
Our gaming sessions, we can never refuse.  
We level up, we earn rewards,  
In online gaming, there's never a bored.

But sometimes we rage, sometimes we cheer,  
In online gaming, the highs and lows are near.  
With every win, with every loss,  
We keep on playing, never at a loss.

So let's log in and join the fray,  
In online gaming, we can always play.  
It's a world that's always evolving,  
And for us gamers, it's forever revolving.

# ONLINE GAMING

**Eligibility:** Only medical college students can participate. **Fair Play:** No cheating, hacking or exploiting bugs.

**Game Mode:** Determined by the organizing committee. **Platform:** Latest game version; platform decided by the committee. **Team Formation:** Team leader must register the team; no player can be on more than one team.

**Match Time:** Fixed schedule; matches must start and end on time.

**Disqualification:** Inappropriate behavior or misconduct leads to disqualification.

**No Show:** Teams that don't show up on time will be disqualified. **Player**

**Conduct:** Sportsmanlike behavior is expected; no verbal or physical abuse.

**Rule Changes:** The tournament organizer can change the rules at any time.

**Prizes: Top teams receive prizes.**

### Games included

1. BGMI - TDM + BR (One Time Event)
2. COD
3. Subway surfers
4. Temple run 2

### **Registration Fees:**

Individual : Rs. 100 per head

Team: Rs. 350 per team

Prizes Worth: Up to Rs. 7500

### **Contacts:**

1. Vishal Kumar - 9785813197
2. Navya - 8809561894

# ONLINE GAMING

## **BGMI**

- Use M416/Scar-L/AKM/ Kar 98 with no suppressor.
- Don't pick warehouse guns (don't use if picked).
- Don't stay at one place for 10 seconds.
- Don't pick level 3 helmet and vest.
- No sliding (in TDM) allowed.
- Tap fire within 10 seconds.
- Pistol, pan, fist are allowed.
- Cheating in game will lead to disqualification.
- No ipads/ tablets are allowed.

## **COD**

- Maps will be Rust, firing range, shoot house, Nuketown.
- Format is Team death match will regular COD rules.
- All guns are allowed.

## **SUBWAY SURFERS**

- New account must be made at event location.
- No keys can be used.

## **TEMPLE RUN**

- No diamonds should be used.
- New account must be made at event location.

# Literature

## AND FINE ARTS

- Poetry- Shabdanjali
- Turncoat
- Quiz
- Open Mic
- Elocution
- Spelling Bee
- Dumb Charades
- Extempore
- Flash Fiction
  
- Face Painting
- Sketching
- Canvas/Poster Making
- Rangoli
- Mandala Art
- Mehandi
- Calligraphy
- Normal Painting / On spot Painting

# Literature

AND FINE ARTS

## SHABDANJALI

POETRY

Slam poetry competition in English and Hindi.  
Time Limit-3 mins  
Grace period of 20 seconds following which  
they will be penalized. Alarming Bell at 2.5  
minutes  
Poems will be performed in front of an audience.

Registration Fees: ₹100/-  
Prize money: INR 2000/-

Contact For Poetry,  
1. Anushka - 8240231683  
2. Atul - 8766345855

# Literature

AND FINE ARTS

## TURN COAT

DEBATE

*“Knowing what to say is sense, when to say is intelligence, how to say is wisdom, why and how to say is enlightenment.”*

### What is a **TURNCOAT**?

Turncoat is a form of debate where the speaker literally debates against himself/herself. The speaker starts by taking stance on the topic and switches sides after a specific duration of time. The main component of a turncoat event is to maintain coherence in an argument even when switching.

### **RULES:**

Each participant will get a topic on which they will have to start by speaking “FOR” the motion and switch their stance to “AGAINST” the moment the coordinator signals.

- There will be a limited number of topics under a common theme given to the participants prior to the commencement of the competition. To ensure fairness in a competition, the speakers will be allowed to choose the topic they are most comfortable with.
- The motions will be released 2 days prior to the event date i.e. on 22/10/24. All the topics are related to MEDICAL or related events.
- The total speech time should be 4 minutes, exceeding it will lead to deduction of points.
- Only individual participant is allowed.
- The application will be open to all.
- The language of communication should be English.



# Literature

AND FINE ARTS

## TURN COAT

DEBATE

### MARKING SCHEME:

There will be four main criteria for marking any participant:

- Transition: As the event is turncoat, there will be an emphasis on how smoothly the speakers change their stance and links the opposing side of the arguments.
- Matter: Validity of arguments and the explanation provided by the speaker. Supporting examples can also be introduced here.
- Method: The way speaker has structured the above arguments in a coherent manner with proper continuity.
- Manner: This includes confidence, clarity, body language, and intonation in speech.

### GENERAL GUIDELINES

- The speaker and audience are expected to maintain decorum during the event. Jeering or any form of personal insults is strictly disallowed.
- Usage of the internet is prohibited for participants, as the background will be provided along with the topic.
- In case of any dispute/disagreement, the discretion of the judges and organizers will be final.

Registration Fees: ₹100/-

Prize money:  
INR 2000/-

### **Contact**

1. Priyanshu - 7488262218
2. Aradhya - 9142651359
3. Ritika - 8873845227

# Literature

AND FINE ARTS



## QUIZARD OF OZ

QUIZ

Participants can register in groups of 2 or 3.  
2 preliminary rounds and 1 final round.

### CATEGORY-

1. **MEDICINE-** Anatomy, biochemistry, physiology, community medicine.
2. **GENERAL/CURRENT AFFAIRS-** Sports, politics, current news.
3. **MOVIES AND MUSIC-** Bollywood, Hollywood, singers, musician, anime.

Whatever questions are not answered by any participant, will be passed over to the audience.

Prize money:  
INR 2000/-

### Contact

1. Anushka - 8240231683
2. Harsh - 8789747254
3. Ritika - 8873845227

# Literature

AND FINE ARTS



## OPEN MIC

*"Mujhe Kuch Kehna hai !"*

Time Limit Maximum upto 5 minutes.  
Warning Bell at 3 minutes.

Language-Hindi and English  
Can include standup, storytelling etc. except poetry.

Registration fee: ₹150/-

Prize money:  
INR 2000/-

### CONTACTS

1. Kajal - 9297604046
2. Ayushi - 8603245968
3. Priyanshu - 7488262218

# Literature

AND FINE ARTS



## ELOCUTION

Time limit- 5-7 minutes

Languages- Both hindi and English  
Elocution will be based on contents of famous writers or poets or any other written source.

Speakers is expected to memorize their content and is not allowed to read any part from papers, chits or notes.

One will be judged on the basis of- Expressions, articulation, diction, delivery, style.

Judge's decision will be final and binding on all candidates.

Registration fee: ₹150/-

Prize money:  
INR 2000/-

### CONTACTS

1. Harsh - 8789747254
2. Ayushi - 8603245968
3. Kajal - 9297604046

# Literature AND FINE ARTS



## SPELL BEE

All words must be related to the field of medicine, including medical terms, scientific names of body parts and organs, and names of medical procedures and medications.

Each contestant will have a certain amount of time (30 seconds) to write the word correctly.

Initially 20 words will be dictated then subsequent tie breakers will be given. The judges' decision will be final and binding. The contestants can ask the pronouncer for the definition of the word, its origin, and its use in a sentence.

The contestants may also request the pronouncer to repeat the word, provide synonyms, or use it in a different context.

Registration fees: Rs. 50/  
Prize money:  
INR 1000/-

### CONTACT

1. Priyanshu - 7488262218
2. Aradhya - 9124651359

## DUMB CHARADES

“Isharon-Isharon me Baatein hui”

Rules:

Time limit: 30 seconds- warning bell be given, maximum extension up to 45 seconds.

Team will be of 2 to 4 players each.

Points: Points will be awarded for correct guesses, and the team with the most points at the end of the game wins.

No cheating: Cheating should not be allowed. This includes using spoken words, writing, or drawing to convey the message.

Have fun: The most important rule is to have fun and enjoy the game.

Registration fees: Rs. 100/team

Prize money:  
Rs. 1000/

### CONTACT

1. Anushka - 8240231683
2. Ayushi - 8603245968
3. Atul - 8766345855

# EXTEMPORE

## Rules:

Time limit: 3 minutes  
Warning at 2 minutes

Topic will be given by lottery system 5 minutes prior to your turn. In case of delay by the participant, he or she shall be disqualified.

Content: Your speech should have a clear beginning, middle, and end. The introduction should capture the audience's attention and provide a preview of what you will be discussing.

Delivery: Speak clearly and confidently, using appropriate tone, pace, and gestures to emphasize your points. Avoid using filler words such as "um" or "uh".

Relevance: Ensure that your speech is relevant to the topic given and avoids straying off-topic.

Judging criteria: The judges may evaluate your speech based on factors such as content, delivery, relevance, and overall impression.

No plagiarism: Plagiarism should not be allowed. Ensure that your speech is original and does not contain copied content from other sources.

Registration fees: Rs. 50/ head

Prize money: Rs. 500/

## CONTACT

1. Harsh - 8789747254
2. Ritika - 887345227
3. Aradhya - 9124651359

## FLASH FICTION

Time limit: 7 minutes

It will be theme based. Theme will be given 1 hour prior to the event.

**Judgement criteria:**

**1.Delivery:** The delivery should be clear, articulate, and engaging.

**2.Content:** The content should be original, relevant, and thought-provoking.

**3.Time limit:** The speaker should adhere to the time limit set for the competition. Going over the allotted time may result in disqualification of whole team.

**4.Adherence to guidelines:** The speaker should adhere to the competition's guidelines, including appropriate language and topic.

**5.Style and structure:** The speaker should have a well-structured speech that is easy to follow and understand.

**6. Language** can either be in English or Hindi and both will be judged together.

Registration fee: ₹100/-

Prize money:

INR 2000/-

**CONTACTS**

1. Atul - 8766345855
2. Harsh - 8789747254
3. Kajal - 9297604046



LITERATURE  
AND  
*Fine Arts*



## FACE PAINTING

### *FUN FACES*

There will be 2 participants per team  
Required materials will be provided on spot.  
Theme would be intimated on spot  
Time Limit: 90 minutes  
Registration Fees: ₹150/- Per team

Contact: Ashfia - 9927346736, Sarwat-7563075457

## SKETCHING

### *Artistic Strokes*

SOLO EVENT ONLY  
2B, HB & 4B pencils & erasers will be provided on spot  
Theme would be intimated on spot.  
Time Limit: 2 hours  
Registration Fees: ₹100/-

Contact : Khusboo - 7023846570, Shreya- 79031266137

## POSTER MAKING

### *Masterpiece Mania*

There can be 2-3 participants per team.  
Poster colours, paint brushes, sketch pens, glitter pens, colour pencils will be provided.  
Theme would be intimated on site  
Time Limit: 2 hours  
Registration Fees: ₹100/-

**Awards : worth Rs. 1500/- each event + Medal & Certificate**

Contact: Swati-7023846570,

LITERATURE  
AND  
*Fine Arts*



## RANGOLI

### रंग तरंग

There will be six members per team.  
Theme would be intimated on spot.  
Materials will be provided.  
Time limit- 2.5 hours  
Registration fees- 100  
Awards- worth Rs. 1500/- each event + Medal & Certificate  
Contact- Shravani 7004787158 , Tamanna - 7209777480

## MANDALA ART

### किलखोर

Solo event only.  
Colour pens, geometry boxes, and A4 sheets will be provided on spot.  
Theme would be intimated on spot.  
Time limit; 2 hours  
Registration fees- 100  
Awards- worth Rs. 1500/- each event + Medal & Certificate  
Contact- Shravani - 7004787158 , Swati - 7480830545

## MEHANDI

### Henna Bliss

There will be 2 members per team.  
Theme would be intimated on spot.  
The participants are requested to apply the mehendi on both hands.  
Time limit- 2 hours  
Registration fees- 100  
Awards- worth Rs. 1500/- each event + Medal & Certificate  
Contact- Navya - 8809561894

Aparna-7870140788

LITERATURE  
AND  
*Fine Arts*



**CALLI-G-RAPHY**  
सुलेखन

Participants need to write a quote on an A4 sized sheet.  
Calligraphy or Hand Lettering must be created in physical media  
(no "digital calligraphy").  
Bring your own materials.

Theme: Open theme

Time Limit: 30 minutes

Registration Fee: ₹100 /-

Prize Money:

worth Rs. 1500/- each event + Medal & Certificate

Contact:

Rohit-9572726178, Ashfia-9927346736, Sarwat-7563075457

**NORMAL PAINTING**

**Creative Corner**

Participants need to make a painting on the theme given  
Water colours & Paint Brushes will be provided.

Use of any media apart from Paints is prohibited.

Theme: Will be intimated on spot

Time Limit: 2 hours

Registration Fees: ₹100/-

Awards : worth Rs. 1500/- each event + Medal & Certificate

Contact: Khushboo- 7023846570, Tamanna-7209777480



# Special

## EXCLUSIVE EVENTS

- Box Cricket
- Photography
- Short Film Making
- Insta-Reel Making
- Body Building
- Panipuri Eating competition
- Treasure Hunt



# Special

EXCLUSIVE EVENTS



## BOX CRICKET

5+1 team line up will be followed.

Men and Women both can play in a single team with a maximum of 2 girls per team.

Each match will be of 5 overs.

Time limit: 15 minutes with 2 minute gaps between each innings.

It will be a tennis ball BOX CRICKET TOURNAMENT.

All matches will be in knockout format.

Ball going outside the box directly without interference by opponent team will be considered out.

Running between the wickets will be allowed.

No LBWs.

Only direct catch will be considered as out.

Umpire decision will be considered as final decision.

Re-entry will be allowed on the first day.

### Special Rules for Women

Minimum 2 catches for being given out.

Rest all the rules are same.

Registration Fees: Rs. 500 per team

Prize money: Rs.3000/

Contact:

1. Biraj Bhatt - 8825141873

2. Shazeb - 7297910498

3. Vimal - 9262674370

# Special

EXCLUSIVE EVENTS



# PHOTOGRAPHY

One without EXIF data (and hence the date) will not be accepted, so ensure your camera date is set before you click a picture. In photo editing only global editing i.e., cropping and adjustment of hue/saturation; brightness/contrast levels are allowed. Photomorphing, manipulations or local editing is not allowed. Participants have to submit both the edited and original entries for judging. Participants can submit a brief description of the photo (not mandatory).

Do not include your credentials, watermarks in the picture or the frame. Such photos will be disqualified.

The decision of judges will be final and binding.

Any sign of plagiarism will lead to disqualification.

Only one entry is allowed per photographer.

The photograph must be original and no watermark of any kind should be on the photograph.

Participants may submit colour and/or black and white photographs

The photograph must be of highest resolution possible.

It can be in Landscape/Portrait mode.

Photographs that have been digitally altered beyond standard optimization (removal of dust, cropping, reasonable adjustments to exposure, color and contrast, etc.) will be disqualified.

Adult content of any kind will not be entertained and would lead to direct disqualification.

A caption must be given for the photograph.

## CONTACT

1. Ahmad- 8809661255

2. Prachi-7461028660

# Special

EXCLUSIVE EVENTS



# PHOTOGRAPHY

## Details of Submission

The photograph must be sent to telegram channel on or before April 20th,2023 with the following details:

Name

Age

Profession (Student/Working)

College/Company Name

Residential City

Date/Period of capturing the photograph

Caption of the photograph

Camera details

Any photograph received after April 20,2023 will not be considered for the competition.

Registration Fees: Rs. 99 per head

Prizes worth Rs. 1000

Contact:

1. Ahmad- 8809661255

2. Prachi-7461028660

# Special

EXCLUSIVE EVENTS



## SHORT FILM

### ONLINE EVENT

Time Limit: 30mins

No theme or language restrictions Shot in at least 720p.

#### JUDGING CRITERIA:

Story screenplay Direction  
Cinematography  
Editing  
Original background score.  
Acting

Registration fee: Rs. 99/- Prizes worth: Up to Rs. 2000/-

Contact:

Prachi- 7461026680

Ahmad- 8809661255



# Special

EXCLUSIVE EVENTS



## INSTAGRAM

### REELS COMPETITION

Lights, camera, action!  
The reel world comes to life,  
With stories and characters  
That capture our hearts and strife.



From romances to adventures,  
From dramas to comedies,  
The movies and TV shows Bring us to our knees.

We laugh, we cry,  
We root for the heroes,  
As the reel events unfold And the story grows.

So here's to the film makers  
Who bring us joy and tears,  
For giving us a world  
That can banish our fears

*Special*  
EXCLUSIVE EVENTS



# INSTAGRAM

## REELS COMPETITION

The reel must be an original creation. You can only be inspired by existing trends online. Plagiarized content lead to disqualification.

Any offensive, name-calling, derogatory remarks, and/or regional slang towards any person or community should not be used.

The video should not exceed 30 Seconds.

Individual, as well as group entries (not more than 3 people), are allowed.


Please use one medium of language for the reels. The submissions can be in either English or Hindi.

Only one entry per participant is allowed, **second entry will lead to disqualification.**

As per Reel format, the video should be made vertically and not horizontally.

Video is to be sent to following Telegram channel

**<https://t.me/drpranshu99>**

Along with details of the participants.  Instagram

Details include: Names, College, Contact Number, Instagram Handle, Metamorphic Registration ID.

### Registration Fees:

For Solo: Rs. 50/head

For Group: Rs. 100/team

Prizes Worth:

1st Prize: Rs. 500/-

2nd Prize: Rs. 250/-

### CONTACT

1. Ahmad- 8809661255

2. Prachi-7461028660

# Special

EXCLUSIVE EVENTS



## BODY BUILDING

Categories will be divided based on weight of the participants. The participants will attempt to lift the maximum weight in the two basic compound lifts i.e. bench press, deadlift, Squads & Arm wrestling. Correct form (**8 posture**) is to be followed, otherwise the lift will not be considered.

No lifting gears are allowed except joint supports. Rules as per the individual lift will be disseminated later.

Category 1- Below 65 kgs  
Category 2- 65 to 75 kgs  
Category 3- above 75 kgs

Registration Fees: Rs. 400/head  
Prizes Worth: Rs. 5000/-

### CONTACTS

1. Prabhat Satyam- 9676029516
2. Shahzeb - 7297910498

# Special

EXCLUSIVE EVENTS



## PANIPURI

### EATING CHALLENGE

1. DURATION - The competition lasts for 2 minutes.
2. NUMBER OF PANI PURIS - A set of number of pani puris will be provided to each contestant
3. Eating Style - Contestants are not allowed to crush the pani puri and eat
4. Pani consumption - Contestant must consume the entire pani puri with water
5. Plate Cleanliness - Contestant must finish all the pani puri on their plate. any remaining thing will result in point deduction.
6. Judging - based on quantity Consumed
7. Penalty - Wasting or dropping pani puri will lead to disqualification.

Timing - 5:00 Pm to 6:00 Pm

Prizes Worth - INR 1000 {Daily}

#### CONTACTS

Kunal	6206392983
Amitesh	8375921601
Alok	9315892726
Mahima	7023510389
Adarsh	7070529854
Smriti	8092218048
Shrishti	8210714725

# Special

## EXCLUSIVE EVENTS



# TREASURE HUNT

### General Rules

1. **\*Team Formation\***: Each team must consist of 3-5 participants.
2. **\*Registration\***: Teams must register in advance and receive a unique team ID.
3. **\*Starting Point\***: All teams must gather at the designated starting point for instructions.

### Gameplay Rules

4. **\*Clue Distribution\***: Clues will be given at each checkpoint; teams must solve them to receive the next location.
5. **\*Time Limit\***: Teams must complete the hunt within a specified time (e.g., 2 hours).
6. **\*Fair Play\***: No cheating, such as using phones to search for answers or collaborating with other teams.
7. **\*Respect Locations\***: Teams must not damage property or disrupt ongoing events.

### Scoring

8. **\*Point System\***: Points will be awarded based on the speed of completion and bonus tasks completed along the way.
9. **\*Tiebreaker\***: In case of a tie, a sudden-death challenge may be held to determine the winner.

### Safety and Conduct

10. **\*Safety First\***: Participants must adhere to safety guidelines and avoid restricted areas.
11. **\*Behavior\***: All participants must conduct themselves respectfully; any inappropriate behavior may lead to disqualification.

### Conclusion

12. **\*Prize Distribution\***: Winners will be announced at the end of the event, and prizes will be awarded.

# Events

## OF GRANDEUR

### PRO EVENTS

1. BAND NIGHT
2. META TALKS
3. DJ NIGHT
4. SPIRITUAL SESSION
5. STANDUP COMEDY
6. BOLLYWOOD THEMED PARTY
7. STAR NIGHT

# Events

OF GRANDEUR

## BAND NIGHT

Date : 24th October 2024

Time: 7:30 PM to 10:00 PM

Venue: Central Park

Star Band Performer - **TRAP**

Pre-requisite - Metamorphosis ID Card & Pro Night Passes

Immerse in the sounds of Melodious bands , Put your hands up in the Air & Live the moment . Dance to the tunes of Bollywood & Indies

# Events

OF GRANDEUR



## META TALKS

Date : 24th to 27th October 2024

According to Availability

Venue: Deo Mangal Sabhagar

Pre-requisite - Metamorphosis ID Card & Pro Night Passes

Guests : Shri Khan Sir  
Shri Gopal Narayan Singh  
Smt. Navjot Simmi  
Shri Tejasvi Surya

Learn & Get inspired from the Names who have made there presence felt all around the world & with greatness etched on every pages of there life

## DJ NIGHT

Date : 25th October 2024

Time: 07:30 PM to 10:00 PM

Venue: Central Park

Pre-requisite - Metamorphosis ID Card & Pro Night Passes

Celebrity DJ - Krispie Kristina

Dance Dance & Dance , Shake your legs and move your Hips ,Show your moves & grooves



# Events

OF GRANDEUR



## SPIRITUAL SESSIONS

Date : 24th October 2024  
Time: 8:00 AM to 09:30 AM  
Venue: Central Park at NMCH  
Pre-requisite - Metamorphic ID Card & Pro Night Passes

Guests :

## STAND UP COMEDY

Date : 26th October 2024  
Time: 03:00 PM to 05:00 PM  
Venue: Deo Mangal Sabhagar  
Pre-requisite - Metamorphic ID Card & Pro Night Passes

Guests : Shri Rajat Sood & More

Laugh your heads off , Enjoy the funniest & most spontaneous stand up by Rahul Dua. A night to remember & go nuts.

# Events

OF GRANDEUR



## BOLLYWOOD

### THEMED SUFI NIGHT

Date : 26th October 2024

Time: 07:30 PM to 10:00 PM

Venue: Deo Mangal Sabhagar

Pre-requisite - Metamorphic ID Card & Pro Night Passes

Enjoy mocktails & mouth watering platters connect & Socialise with fellow medicos, dance along sing a song, chit chats & gossip all nights, one stop party for all.

# Events

OF GRANDEUR



## STAR NIGHT

Date : 27th October 2024

Time: 07:30 PM to 10:00 PM

Venue: Central Park

Pre-requisite - Metamorphic ID Card & Pro Night Passes

Guests :

Stebin Ben

# Talk

## TO TEAM



### For **Registration** related queries

Aman 7759963587  
Somya 7970662816

### For **Sponsorship**

Anant 9801991122  
Ritesh 8235678540

### For **Event** related queries

Satyamay 8541994937  
Ahmed Bari 8809661255  
Abhay 7073003821  
Apoorva 7667003582  
Aisha 7903549870  
Sambhav 7633903490  
Akanksha 7367833992  
Shreya 7903126137  
Taiyeba 7364893480

### For **Fooding & Lodging**

Kunal 6206392983  
Amitesh 8375921601  
Alok 9315892726  
Mahima 7023510389  
Adarsh 7070529854  
Smriti 8092218048  
Shrishti 8210714725

### For **Cultural Event-**

Tushar 9903492517  
Abhishek 8540994119  
Aakriti 8210510799  
Namita 7632831867

### For **Fashion Show**

Pranav Pratap 8299458132  
Shambhavi Komal 9142496747  
Shrishti Raj 8210714725

### For **Singing**

Pankhuri 9142001017  
Divya 8271771106  
Muskaan 8404807975  
Madhvi 8539022499

### For **Dancing**

Animesh 9852851520  
Shambhavi Gupta 6299019215  
Aastha Raj 9602777065

### For **Drama**

Suryansh 9199964642  
Pragya K. 9570087067  
Prem Pal Shah 8539809080

### For stand-up

Animesh 9852851520  
Tushar 9903492517  
Aakriti 8210510799

### For **Nukkad Natak**

Suryansh 9199964642  
Pragya 9570087067  
Abhishek 8540994119

### For **Indoor**

Prathmesh 9421844524  
Pooshp raj 9680094403  
Akanksha 9546992157  
Pragya 9523039102

### For **Badminton( Let's Shuttle)**

Priyaranjan 7073911636  
Pragya 9523039102  
Aditi 9413917482  
Preeti 7068637312  
Abhirama 9060566479  
Akarsh 9798687104

### For **Table tennis(Racket Rumble)**

Prathmesh 9421844524  
Akanksha 9546992157

### For **Chess**

G.Hadi 7717766486

### For **Carrom**

Pooshp raj 9680094403

### For **Darts**

Pooshp raj 9680094403

### For **Ludo**

Shambhavi 6299019215

### For **Online games**

Vishal Kumar 9785813197  
Navya 8809561894

# Talk

## TO TEAM



### For **Outdoor**

Nitish 9873838767,  
Hrishita 9910463051,  
Samriddhi 7070239390

Ayushi: 8603245968  
Ritika: 8873845227

### for **CRICKET**

Abhishek 8420896395  
Gaurav 9572434402  
Amol 8340532270

### For **Fine arts**

Tamanna 7209777480  
Rohit 9572726178  
Shravani 7004787158  
Khusboo 7023846570

### For **VOLLEYBALL**

Vishwajeet 9060330339  
Pranav 9928011140  
Aditi Jhakar 6378738102

### For **Rangoli & Mandala**

Swati 7480830545

### For **BASKETBALL**

Satyamay 9304250704  
Samriddhi 7070239390

### For **Sketching and Normal Painting**

Shreya 7903126137

### For **ATHELETICS**

Nitish 9873838767  
Pradum 7740843437  
Swati 7480830545  
Aastha 9602777065

### For **Calligraphy and Face Painting**

Ashf a 9927346736  
Sarwat 7563075457

### For **FOOTBALL**

Nitin 9973041103

### For **Mehndi and Poster Making**

Navya 8809561894  
Aparna 7870140788

### For **TUG OF WAR**

Satyam 9334974148  
Shazeb 7297910498

### For **Special events**

Box cricket 7297910498  
Shazeb 8825141873  
Biraj

### For **HANDBALL (girls)**

Aditi 6378738102

### For **Body Building**

satyam9334974148  
Shazeb 7297910498

### For **KABADDI (girls)**

Hrishita 9910463051

### For **Panipuri Eating Competition**

Fooding committee

For **Futsal**  
Manik

8761859771

### For **any queries**

Vikram 9155494467  
Bhavinee 7033582413  
Biraj 8825141873  
Manjar l 8210804186

### For **Literary Events**

- Aradhya: 9142651359  
- Priyanshu: 7488262218  
- Atul: 8766345855  
- Anushka: 8240231683  
- Harsh: 8799447254  
- Kajal: 9297604046

# Talk

TO TEAM



**For any queries**

- Vikram 9155494467
- Bhavinee 7033582413

- Biraj 8825141873
- Manjari 8210804186

